



Make the Most of Your Benefits

With Highmark Blue Shield of Northeastern New York, you have access to these services:



Acupuncture

Covers up to 12 visits per member per calendar year



Massage therapy

Covers up to 12 visits per member per calendar year



Routine podiatry

Covers routine foot care including corns, calluses, fl at feet, fallen arches, weak feet, chronic foot strain, or common foot complaints

Your cost for each service is an office visit copay.

To locate a participating provider, visit highmark.com/blueshieldnny or call the number on the back of your member ID card.



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