

# Onduo Diabetes Management

TAKE CONTROL OF  
YOUR TYPE 2 DIABETES.



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Take control of your diabetes once and for all with Onduo Diabetes Management. This virtual solution gives you the personalized support you need to better manage your type 2 diabetes. And that can lead to better health and all the good things that come with it – like having more energy to do the activities you enjoy.

There is no cost for most members. If you have a qualified high deductible plan, you may have to pay out of pocket for some services within this solution until you meet your deductible. To determine if you have any costs for care, you can call the Member Service team at the number on the back of your ID card.

### Here's what you get with Onduo Diabetes Management:

- A no-cost welcome package mailed to your home that includes a free smart glucometer, an A1C kit, and unlimited test supplies.
- If you have a high A1C or other complications, you may be eligible for a wearable continuous glucose monitor (CGM) that automatically takes readings 300 times a day with no finger prick. (We can help you figure out if you're eligible.)
- Your dedicated care lead checks in regularly to offer support and connects you to a personal care team that includes your PCP and endocrinologists.
- An interactive Onduo app that provides virtual support and collects data from connected devices to make managing diabetes easier.

By participating in Onduo Diabetes Management, you could better manage your type 2 diabetes, see improved clinical results, and lower your risk of complications from diabetes.

This is big. So big. Equipment, dedicated, personalized support, and the convenience of at-home care. Plus all the time you get back because managing your diabetes just got a whole lot easier.

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**Visit [join.onduo.com/learnny](https://join.onduo.com/learnny) to learn more.**

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Onduo is a separate company that provides a virtual diabetes care program for Highmark members.

If you are eligible, you will receive an invitation to enroll. Eligibility is determined by several factors including your medical status, your coverage, and historical medical claims. If you are not initially able to enroll, you may be able to when you meet eligibility criteria

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Highmark Blue Shield of Northeastern New York complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-833-735-4515 (TTY 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-833-735-4515 (TTY 711)。